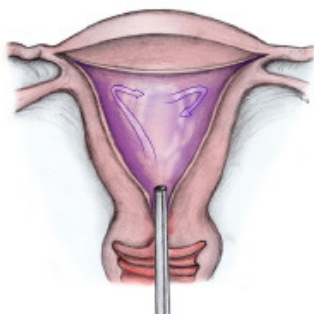


## **ENDOMETRIAL ABLATION**

This procedure destroys the endometrium (the lining of your uterus) with the goal of reducing your menstrual flow. In some women, menstrual flow may stop completely. No incisions are needed for endometrial ablation. Your doctor inserts slender tools through your cervix (the passageway between your vagina and your uterus.)



Two days prior to the procedure you will meet with the physician so she can explain what is expected from you on the day of the procedure. Also you will be prescribed medications and the physician may answer any questions you may have regarding this procedure. She will also explain your post-operative instructions.

**The day of the procedure you need to arrive 1 hour early and you will need to arrange for transportation home.** In the office 1 hour before the procedure you will take a combination of medications such as Xanax, Percocet, and Reglan plus you will receive an intramuscular injection of Toradol (ketorolac tromethamine) it's a nonsteroidal anti-inflammatory drug, from the back office nurse. **If you are taking Motrin (ibuprofen) or are allergic to any of these medications please inform the doctor.** Then you will be instructed to go back to the waiting room and wait to be called in.

The nurse will call you back in 30-40 min. after taking the medication. **Please be aware that the combination of medications that you took will make you very drowsy.** You will be placed in the exam room and you will have assistance (if needed) in undressing and draped appropriately. Please be advised that the doctor will have a representative, from the company that we use the instruments for the procedure, present in the room.

Once you are draped we will start the procedure which may take up to 15 min. The physician will dilate your cervix so the device will fit. Then she will measure the length and width of the cervix using the device. Once those measurements are inputted in the machine the physician will start the procedure and begin burning the endometrial lining of the cervix, this process takes about 60 sec. When this process is done we are done with the procedure and the patient will be asked to get dressed.

Post operative instructions will be explained again to the patient and the person accompanying the patient then an appointment will be made and the patient may go home.