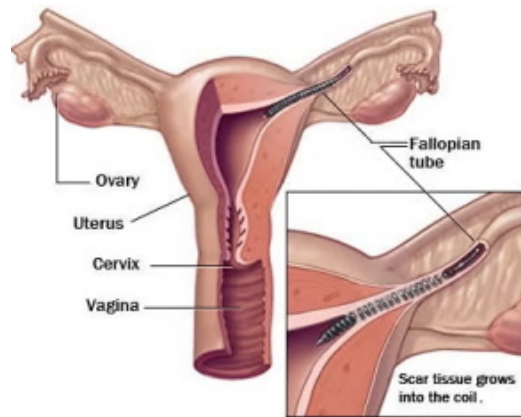


ESSURE

Essure is surgery-free permanent birth control to help you live without the worry of an unplanned pregnancy. Essure is a quick 10-minute procedure that can be performed right in your doctor's office. Since there's no downtime to recover*, you can get right back to your family and return to normal activities in 1-2 days.

The Essure inserts are soft, flexible and hormone-free, and when placed in your fallopian tubes, they work with your body to form a natural barrier that permanently prevents pregnancy. Essure is 99.83% effective and a confirmation test is given three months after the procedure to verify that the tubes are completely blocked, providing permanent birth control.



Two days prior to the procedure you will meet with the physician so she can explain what is expected from you on the day of the procedure. Also you will be prescribed medications and the physician may answer any questions you may have regarding this procedure. She will also explain your post-operative instructions.

The day of the procedure you need to arrive 1 hour early and you will need to arrange for transportation home. In the office 1 hour before the procedure you will take a combination of medications such as Xanax, Percocet, and Reglan plus you will receive an intramuscular injection of Toradol (ketorolac tromethamine) it's a nonsteroidal anti-inflammatory drug, from the back office nurse. **If you are taking Motrin (ibuprofen) or are allergic to any of these medications please inform the doctor.** Then you will be instructed to go back to the waiting room and wait to be called in.

The nurse will call you back in 30-40 min. after taking the medication. **Please be aware that the combination of medications that you took will make you very drowsy.** You will be placed in the exam room and you will have assistance (if needed) in undressing and draped appropriately. Please be advised that the doctor will have a representative, from the company that we use the instruments for the procedure, present in the room. The physician will insert a camera to view the opening of the fallopian tubes. Once they can be seeing the physician will start the procedure, which should only take 10-15min.

Post operative instructions will be explained again to the patient and the person accompanying the patient then an appointment will be made and the patient may go home.